

JULY 1, 2022 - JUNE 30, 2023

IMPACT REPORT

Prudentia Institute: Youth Knowledge Exchange

Our mission is to serve the inclusive development and empowerment of youth through research and knowledge mobilization



THE STUDENT RESEARCH LAB

Our youth in the Student Research Lab earned a full high school credit while learning about research, conducting interviews and analyzing data.

EMPOWERING YOUTH

Fifteen youth researchers completed a peer-to-peer study using participatory action research to understand youth perspectives on empowerment. The study not only extends our knowledge about youth empowerment but also how to involve youth in research.

THE NETWORK FOR YOUTH-SERVING ORGS

The Network for Youth-Serving Organizations (NYSO) grew from 22 members in Nova Scotia to 43 members across Atlantic Canada.

PROFESSIONAL DEVELOPMENT

In addition to facilitating information sharing and networking, we convened the NYSO to present professional development sessions on (1) the future of work, (2) universal design for learning and (3) social impact measurement and developmental evaluation.

Thank you

FOR YOUR SUPPORT!

Prudentia Institute: Youth knowledge Exchange

would like to express our gratitude to:

Jody Nelson, Kate Ruff and Paula Romanov

for their amazing presentations to the

Network for Youth Serving Organizations on

Social Impact Measurement and Developmental Evaluation!



www.prudentiainstitute.ca



PATH2PURPOSE PILOT PROGRAM

After developing Path2Purpose we set out to deliver it as a pilot. We also collected feedback and continued to make improvements.

PILOT PROGRAM SUCCESS

Path2Purpose was offered free of charge to students in grades 9-12 (in-school via JA Nova Scotia) and to youth via four community partners (NYSO members): MacPhee Centre for Creative Learning, YWCA, LOVE Nova Scotia and Turning the Tide (Inspiring Communities).

To learn more about Prudentia Institute, and to support our research projects and developmental programs, please visit www.prudentiainstitute.ca



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THRIVING IN A COMPLEX WORLD

After a successful pilot, we set out to expand. We re-engaged our partners, Elder Roger Lewis and the Mi'kmaw Native Friendship Centre, for next steps.

MLKIKNO'TI: Accentuate the Positive

We identified an opportunity to support Eskasoni Mental Health Services and the Eskasoni School Board and with Dr. Weigand and our partners, we co-created a new version of the program, specific for Indigenous youth and through a two-eyed seeing approach.



Empowering Women and Girls

Research Phase

This research is designed to help develop a model of empowerment and inclusion for women...

EMPOWERING WOMEN & GIRLS

The goal of this research program is to help women and girls transcend gender barriers and develop new educational programs and policy recommendations.

DATA COLLECTION

We concluded data collection in June 2023 following five focus groups which reconvened our women's leadership cohort participants. These conversations reflected on systemic barriers but also solutions that can be readily adopted to foster gender equality.

FUNDRAISING & OUTREACH

Research Nova Scotia and the Mental Health Foundation joined ongoing corporate sponsors and MITACS. We raised \$240,695 in support of our mission.

NEW WEBSITE

In May 2023, we launched a new website (www.prudentia institute.ca) to better communicate our purpose, our research and educational programs. The website is also a way for us to profile our team, our Community Advisory, partners, NYSO and much more!

We are on a mission to empower and develop youth in Atlantic Canada



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