

JULY 1, 2021 - JUNE 30, 2022

IMPACT REPORT

Prudentia Institute: Youth Knowledge Exchange

Our mission is to serve the inclusive development and empowerment of youth through research and knowledge mobilization

DEVELOPMENTAL PROGRAMS

We developed two youth-focused developmental programs: Thriving in a Complex World and Path2Purpose.

Thriving in a Complex World

Increasing resiliency in youth by developing positive thinking habits and coping strategies

Path2Purpose

Helping youth transition to independence and adulthood with confidence

RESEARCH PROJECTS

We launched an expansive research study exploring empowerment strategies for women and girls, as well as a student-led research lab for peer research.

Empowering Women and Girls

Helping women and girls access professions and leadership roles in underrepresented sectors and industries

Student Research Lab

A youth-led research lab investigating youth perspectives on empowerment

THE "NYSO"

We launched a community of practice called the **Network for youth Serving Organization (NYSO)**. We met regularly to share best practices and explore critical challenges to support the youth agenda. The membership of the Network grew to **22 youth-serving organizations**.

The Network also welcomed special guest speakers, including members of the Mass Casualty Commission, Dr. Kirk and Dr. Hamilton-Hinch (One Chance to Be a Child Report), and Hereditary Chief Stephen Augustine (Truth and Reconciliation).



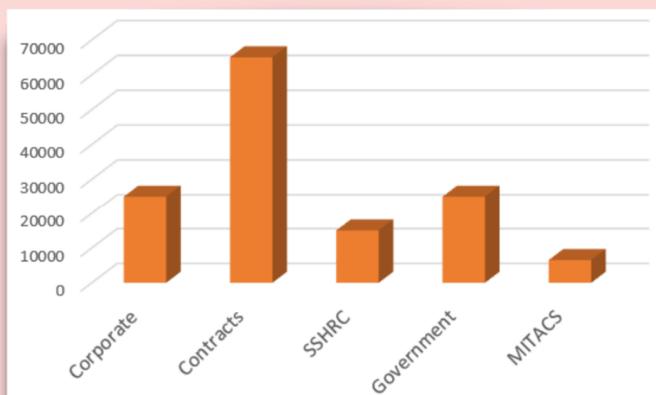
COMMUNITY ADVISORY

We formed a Community Advisory of **subject matter experts** to support our research and developmental mission, and as part of our active commitment to **diversity, inclusion, equity and accessibility**.

The advisory brings various lens that are critical to our work, including Indigenous, immigrant, refugee, 2SLGBTQ+, and African Nova Scotian perspectives, plus expertise in mental health, accessibility, care ethics, youth development and prosperity.

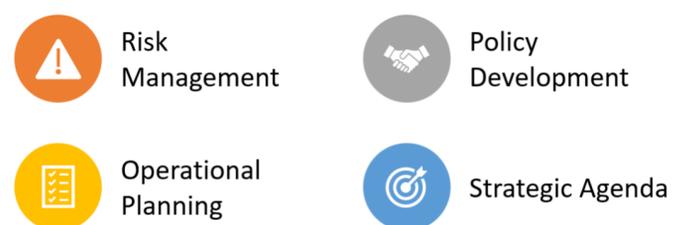


FUNDRAISING



We raised \$135,671 to support our research projects and developmental programs.

GOVERNANCE



Our team laid the foundation for sound financial and business practices, monitored performance and set a strategic agenda. Next year, the team is focused on longer term strategic planning, growth and obtaining charitable status.

To learn more about Prudentia Institute, and to support our research projects and developmental programs, please visit www.prudentia institute.ca

